

“Miracles are fantastic events that are based on the hidden laws of nature that most people are not aware of. Miracles do not break the laws of nature, they are actually based on them.”

[Master Choa Kok Sui]

When I first learnt Pranic Healing I found out that the aura and chakras I'd heard of and read about actually played a bigger part in our health than I had previously realised, and much of the nature of life could be explained through the hidden laws of energy. It was both empowering and fascinating.

Energy and the Energy Body

We all live in a sea of Prana or life force energy that invigorates us. Each one of us interacts with this sea of energy through our own Energy Body commonly known as the aura. Our Energy Body nourishes and controls the wellbeing of our physical body, our mind and emotions. Many ancient traditions have acknowledged this and today many modalities use techniques that influence our energy, including acupuncturists, qi gong and reiki practitioners. Quantum scientists now agree that we are beings that continuously emit and transmit energy in the form of light. This transference of energy is easily felt – we often feel the “vibes” of someone who is angry, and we often gravitate towards people who are happy and loving. The difference between the energy of a green forest and an office is also quite tangible - subtle energy is real and has a powerful effect on us.

In some ways the energy body is not too dissimilar to the physical body. Whereas physically we have internal organs, energetically we have energy centres called chakras which have very specific functions. And as we have veins and arteries that drive blood through our physical body, energetically

and by removing this pattern of disease through specific cleansing techniques, and then projecting fresh prana to the energy body, the physical body would recover in an accelerated manner. He discovered remarkably that disease actually manifests first in the Energy Body, and once the pattern of disharmony has been there long enough, it then can manifest physically, emotionally or mentally as an ailment. Hundreds of Pranic Healing treatment protocols have been documented for various ailments, and have been found to produce repeatable and consistent results. Furthermore, one learns how to identify the patterns of disease so that they can derive also their own specific treatments. Because of this, “one does not have to spend 10 or 20 years just to learn



re-energizing my energy field, the headaches and stomach upsets from a stressed and run down system stopped almost immediately. I was able to regain a consistent and regular sleep pattern and my general outlook on life improved substantially. Through the regular use of Twin Hearts meditation, which is taught at the Pranic Healing courses, I was able to experience positive and heightened emotions which stayed with me for longer periods of time. Next was the application of Pranic Healing to heal my business, and job prospects. Shortly afterwards to my surprise, I was approached by an employer seeking my services. However, my transformation through Pranic Healing had just started. I continued using Pranic Healing on myself, removing the deep negative thoughts and emotions that had weakened me and held me back. One of the most liberating experiences was removing a 15 year smoking addiction. After three months, I was earning substantially more than ever, my mind clear and I felt sharper than ever before.

Many others have experienced their own miracles that have become everyday events. Lewis had a frozen shoulder for over two years, but after the first healing had no pain, full movement of his shoulder and the condition has been permanently removed. Yelena accidentally poured a pot of boiling water on her hand and was able to heal herself within one day with no residual pain, blistering or scarring. Gail had a fear of flying that had entrapped her for many years where she lived. After a series of pranic healings, she was able to overcome her phobia and get on a plane to fly interstate. She now flies regularly and is able to visit her family and go on holidays to other cities.

Mysteries of Energy Revealed

we have meridians or energy channels to distribute our energy.

What is Pranic Healing?

Pranic Healing is the art and science of using Prana or life force energy to cleanse, harmonize and revitalize the energy body that nourishes us. This can improve the wellbeing of our body, mind, emotions and other life aspects such as our spiritual life, relationships and finances. Because Pranic Healing works only on the energy body of a person, there is no need to touch the patient, so it is not intrusive at all. It has been often described as acupuncture without needles.

Over more than 20 years of exhaustive research and testing, Master Choa Kok Sui clarified and systematized Pranic Healing into an amazingly insightful body of knowledge and set of techniques which is now available for the public to learn. Master Choa Kok Sui discovered through his research, that every disease has its own distinct energetic pattern,

Pranic Healing provides the solutions to life's challenges and allows us to create our very own reality and wellbeing.

how to perform paranormal healing. Neither does one need any 'special inborn healing power' nor be a clairvoyant to heal. All that one needs is the willingness to heal and to follow the simple instructions given in Pranic Healing” [GMCKS]

Testimonials and Success Stories

When faced with a period of prolonged unemployment and a relationship break-up, my life was in turmoil. I had an empty bank account, my closest friends let me down and I found myself depressed and despairing. I was encouraged to use Pranic Healing techniques for self healing. Once I started cleansing and

Transformation through Pranic Healing
Pranic Healing provides the solutions to life's challenges and allows us to create our very own reality and wellbeing. Within this system is a body of knowledge that reveals many hidden secrets that can powerfully transform our energy field and the different aspects of our lives. It is a system that allows us to help ourselves and others and shed the helpless state that so often we feel stuck in. There are no pills for broken relationships, difficult work or home situations, or financial malaise, however there is Pranic Healing to powerfully transform these areas of our lives. It is now practiced in over 70 countries and the techniques have empowered more than 5000 Pranic healers in Australia and thousands more globally.

Enrique Jose is a licensed Pranic healing instructor and the Director of Light Streams.

For more information call 1800 204 868 or visit www.lightstreams.com.au.